

Join CB South Spring Health Reset!

Open House, refreshments served
& a variety of CBS Health
Professionals on April 27, 3-5:00

In front of CB SOUTH GYM

**Learn how nutrition, weight training, mindset,
massage, and breath work can affect our lives,
our attitude.**



Come Join us for refreshments and free Breath Work Class!



WANT TO BE PART OF THIS WITH YOUR MODALITY & BUSINESS? CALL GOOCH, 603-631-5785