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CB STATE OF MIND WINS FOUNDATION SUPPORT AND WELCOMES NEW LEADERS

Non-Profit works to reduce suicides in Crested Butte

Crested Butte, CO, October 8, 2019 – The Community Foundation of the Gunnison Valley agreed to be a fiscal sponsor for CB State of Mind, formerly known as CB Hope. CB SOM is a community-led nonprofit that was created by community members to reduce Crested Butte's increasing suicide rates. The Community Foundation's STEP advisor, Ronda Connaway, will be working with CB SOM to out all necessary nonprofit best practices into place. CBSOM will launch efforts to provide customized community education, outreach, events and coordination of mental health resources.

"GFGV's Fiscal Sponsorship will help us design and implement a first rate nonprofit that will allow CBSOM to create a personalized approach to reach those who are struggling with mental wellness and substance abuse," said Christine Osmundson, Board Member of CB SOM. "It's an important step, but just as critical is community support and involvement."

CB SOM's leadership team is also expanding to welcome Meghan Dougherty as its's new Executive Director. She brings 10 years of experience coordinating the Family Advocacy Support Team and Community Prevention Programming for Gunnison County Juvenile Services. In that role she helped create a successful system of care for families in need. She also managed multiple federal, state, and local funding streams. "I am passionate about creating ways to reduce stigma and increase access to care," said Dougherty. "I'm excited to be in this new role and to improve the health of our community."

William Gauthier will serve as Fundraising/Marketing Director and has directed a variety of organizations, both nonprofit and for-profits. His major successes include growing organizational finances through grant writing and fundraising efforts for mental health crisis and inpatient psychiatric service centers. "I'm looking forward to providing innovative business development and competitive marketing strategies to help CB SOM reach its goals," said Gauthier. "This is a dream position because my talents can be used to provide peace of mind for my neighbors and friends."

CB SOM's next community meeting is Thursday October 24th at 9 am in the Crested Butte Town Hall. It relies on community donations, volunteerism and support to meet the mental health

needs of Crested Butte and the Gunnison Valley. It was designed as a way for residents to, actively, participate in the healing and health of their community. If you'd like to join this grassroots movement or provide your donation please visit www.cfgv.org and hit the donate button referencing CBSOM in the memo or, contact Meghan Dougherty at info.cbsom@gmail.com.

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